



HOW DO I INTRODUCE MY NEW CAT TO MY OLD CAT?

1. Keep the cats separate for about a month. Keep the new cat isolated in a room with lots of toys, food, fresh water, and a litter box. Treat your existing cat as usual; just keep it out of the room where the new kitty is residing. After a week or so switch toys. Give the new kitty some of the existing kitty's toys and vice versa.
2. Give each cat Rescue Remedy each day from the first moment you bring the new cat into the house. Rescue Remedy is a Bach Flower Essence that is a wonderful treatment for times of stress. You can get it at any health food store. Put a drop in each cat's food. (You can try putting it in their water, but it's preserved with alcohol so your cat may not drink it.) If your cat is willing, you can drop some right on it's tongue, or even easier, put a dropper-full on your cat's back.
3. At the end of a month let your cats together, but only when you can supervise them. They will actually have gotten to know each other a bit even though they have been in separate rooms. (If you are lucky, they started playing under the door!) Keep the cats separate if you cannot watch them, or at least listen for a fight. Break up fights by redirection. Use a cat toy on a pole; dangle and wiggle it in front of the cats until they are distracted.
4. You will be tempted to rush this process. Don't! Cats do not like change, even if it's for the better. Slow and easy is the way to go.

